

Frozen Veggies

**Nutritious,
easy &
affordable!**



Visit [CalFreshHealthyLiving.org](https://www.CalFreshHealthyLiving.org) for healthy tips.

Funded by USDA SNAP, an equal opportunity provider and employer.

Frozen Veggies

Quick &
easy to use
and a great
addition to
any meal!



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Frozen Fruit

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